
Session Title
Healthcare Provider Self-Care and Resilience

Clinic Director & Facilitator
Jennifer Klemp, PhD, MPH, Christian Sinclair, MD

Cancer ECHO Survivorship Team:
Jennifer Klemp, PhD, MPH; Hope Kebriel, MSW, BSN, RN; Trish Long, PA; Christian Sinclair, MD; Mary Beth Warren, MS, RN; Traci Mccarty, Karla Van Goethem

Target Participants
Physicians, APPs, nurse clinicians, navigators, cancer registrars, quality team members, and other care team members

Clinic Objectives
At the conclusion of the ECHO session, participants should be able to:
1. Identify self-care challenges faced by healthcare providers during COVID-19.
2. Identify self-care & resilience tools that can be implemented in your practice.
3. Discuss recent changes in Telehealth and the future of patient care.

Zoom Connection
https://kumc.zoom.us/j/307997489
For technical assistance or questions, contact Traci 816-304-5025

Agenda, April 22, 2020, 4:30 pm- 5:30 pm CST

<table>
<thead>
<tr>
<th>Time</th>
<th>Presentation</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>4:30-4:40 pm</td>
<td>Welcome, Introduction, Housekeeping</td>
<td>ECHO Team</td>
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<tr>
<td>4:40 –5:00 pm</td>
<td>Didactic: Healthcare Provider Self-Care and Resilience</td>
<td>Christian Sinclair, MD, FAAHPM Karin Denes-Collar, LSCSW Hayley Stolze, MPH Shawna Wright, PhD, LP Jennifer Klemp, PhD, MPH</td>
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<td>5:00 –5:25 pm</td>
<td>Case Presentations</td>
<td>Drs. Sinclair, Klemp</td>
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<tr>
<td>5:25-5:30 pm</td>
<td>Homework, Wrap-up, and Announcements</td>
<td>ECHO Team</td>
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### HIPAA:
All patient information will be de-identified during clinic. All doors to the conference room must be closed.

### Pagers/cell phones
All pagers and cell phones must be muted during program. Please leave the room to answer a phone call/pager.

### Accreditation statements

- **Physicians**: The University of Kansas Medical Center Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

  The University of Kansas Medical Center Office of Continuing Medical Education designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- **APRN/Nurses**: The University of Kansas Medical Center Area Health Education Center East is approved as a provider of CNE by the Kansas State Board of Nursing. This course offering is approved for 1.0 contact hours applicable for APRN, RN, or LPN relicensure. Kansas State Board of Nursing provider number: LT0056-0749. Mary Beth Warren, MS, RN, Coordinator.

  **Attendance requirement for nurses**: Participants missing more than 10% of this offering will not receive continuing education credit.

  **Certificates of attendance** are available to other participants upon completion of documentation of attendance and evaluation.

### Funding information
The series is funded by the Association of Community Cancer Centers and the Pfizer Independent Grants for Learning and Education, as well as internal support through The University of Kansas Cancer Center and the Masonic Cancer Alliance.

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This project was developed by Cooperative Agreement number DP17-1701, funded by the Centers for Disease Control and Prevention. Additional support from The University of Kansas Cancer Center and the Masonic Cancer Alliance.