Chocolate Avocado-Almond Pudding

Ingredients
½ - 1 cup almond milk, unsweetened, to desired consistency
2 tablespoons cocoa powder
1 medium avocado, sliced into chunks
2-4 tablespoons natural sweetener (agave, pure maple syrup, honey) or 10-15 drops stevia
¼ cup almond butter
1 tablespoon coconut oil
1 teaspoon vanilla
Pinch sea salt

Directions
1. In the order listed, place all items in a high-powered blender or food processor and blend until the desired consistency and flavor. Ingredients can be adapted to your liking!
2. Serve out of the hallowed avocado rinds.

Recipe adapted by Leigh Wagner, MS, RD, LD from www.ohsheglows.com