Cilantro Cabbage Slaw

Ingredients
5 cups thinly sliced napa cabbage
2 cups chopped cilantro
2 to 3 green onions, sliced into thin rounds
The juice of one lime
1 to 2 tablespoons extra virgin olive oil
½ teaspoon Herbamare

Directions
1. Place all ingredients into a medium-sized bowl and toss together. Be sure to dress only what you will eat with your meal. Otherwise it will become soggy and unappealing on the next day.

Yield: 4 to 6 servings

Recipe from “Nourishing Meals” by Alissa Segersten and Tom Malterre