Current KPPEPR Projects

Updated July, 2018

1. **RE-POWER (Rural Engagement in Primary Care for Optimizing Weight Reduction)**
   RE-POWER is an innovative and collaborative research trial comparing three models of obesity treatment in rural primary care practices. There are 36 medical practices involved in RE-POWER, including 19 KPPEPR practices in Kansas. Study interventions are currently underway at all practices.

2. **iSurvive Cancer survivorship education**
   KPPEPR conducted interviews with primary care practice teams in rural Kansas to assess their unique needs when it comes to caring for cancer survivors. We are currently offering the iSurvive education to primary care practices in the KPPEPR network. iSurvive provides resources to both care teams and cancer survivors in rural communities.

3. **Provider burnout survey – Recruiting now**
   Provider burnout is currently a hot topic in healthcare, particularly among professionals in rural settings. In order to better understand the factors leading to provider burnout, KPPEPR has teamed up with researchers at the University of Kansas School of Business to survey providers working in various types of healthcare practices from small clinics to larger rural hospitals. This project will gather preliminary information to design and acquire funding for possible future interventions to address burnout.

4. **T-PACT Trial (Treating Pain with Acceptance and Commitment Therapy Trial)**
   This multi-state pilot project is a collaboration with University of New Mexico, University of North Carolina, The University of Kentucky and KPPEPR to study the value of acceptance and commitment therapy (ACT) for chronic pain management in rural primary care. ACT will be tested in one KPPEPR practice in Kansas. Initial data collected in 2018 will be used to apply collaboratively for a larger grant award in 2019.

5. **Rural Melanoma Education**
   Skin cancer is the most common form of cancer in the United States. However, in rural areas, there is limited access to dermatologist. As part of a research collaboration between KPPEPR and The University of Kansas Medical Center, this study is designed to deliver a web-based curriculum and assessment provided by the INFORMED Skin Cancer Education Series with aspirations to verify the legitimacy of the education series as well as increase rural PCPs’ knowledge and skills in diagnosing skin cancer. Once we have garnered IRB approval, we will start the process of recruitment by reaching out to rural primary care practices.