Faux Parmesan Cheese

Ingredients
1 cup raw nuts or seeds (walnuts, almonds, sunflower seeds etc)
½ cup nutritional yeast (example: Bragg’s (brand) nutritional yeast)
½ teaspoon Herbamare or Trocomare (herbed seasoning salt)

Directions
1. Place ingredients in a food processor and process to desired consistency – like parmesan cheese.
2. Top veggies, salads, soups, or other favorite dish

Recipe from Jim Wagner