Gingered Melon

Ingredients
1 large cantaloupe
½ teaspoon ground ginger
1 tablespoon chopped crystallized ginger

Directions
1. Cut melon in half and seed, then cut each half into chunks. Sprinkle ground and crystallized ginger over the melon chunks and stir.
2. Chill and serve.

Recipe from The Cancer Project’s *Eating Right for Cancer Survival* DVD by Dr. Neal D. Barnard, MD.