

Tobacco Cessation Management & Counseling:

Counseling points: Quitting tobacco **improves** overall health and cancer treatment outcomes. Counseling addressed problem-solving, skills training and using medication to meet goals toward quitting.

The following plan was developed:

Plan

Based on our discussion, the patient has chosen to:

Behavior:

{Behavior:22035}

CHOOSE ALL THAT APPLY:

Make the house tobacco-free
Set a quit date for (date)
Cut down tobacco use
No behavioral goals at this time

Medication:

{Medication:22036}

CHOOSE ALL THAT APPLY:

Varenicline (Chantix)
Nicotine patch (*best in combination with 1 short-acting NRT)
Nicotine gum
Nicotine lozenge
Nicotine inhaler
Nicotine nasal spray
Bupropion SR (Zyban/Wellbutrin)
No medications at this time

Behavioral support:

{Behavioral support:22037}

CHOOSE ALL THAT APPLY:

Tobacco quitline (1-800-QUIT-NOW)
Text message program for quitting (text 'QUIT' to 47848)
Text message program to prepare to quit (text 'GO' to 47848)
Cessation "app" or website (quitSTART; www.smokefree.gov)
In-person cessation program
No support at this time

Time spent counseling for tobacco cessation:

{MU Cessation time:22086}

3-10 minutes
More than 10 minutes

Follow-up:

Provider will follow-up at next appointment and assess tolerability of any medications provided and effectiveness of counseling and make further recommendations as indicated.